



Sophie's Sister Hooded Scarf

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Hooded Scarf, Knit Flat

A cozy hooded scarf that pairs a textured pearl rib with a neat I-cord trim. Written for two size ranges, S/M and L/XL.

Sizes

Sizes: S/M - L/XL

Fits head size: 54/56 - 58/60 cm

Length from hood opening: approx. 41-43 cm

Finished length (hood + both scarf ends): approx. 192-194 cm

Materials

Yarn A (main): DK-weight (light worsted) wool yarn — 200-200 g

Yarn B (carried alongside Yarn A): Lace-weight mohair-silk blend yarn — 50-50 g

Needles: 5 mm circular needle, 80 cm length

Gauge: In pearl rib, with one strand of each yarn held together on 5 mm needles: 19 stitches and 29 rows = 10 x 10 cm.

Note: *Needle size is a starting point, not a rule — swatch first, and size up or down until your stitch count per 10 cm matches.*

Pattern Notes

Garter Stitch (worked flat)

Knit every row, on both the right side and the wrong side. Every 2 rows produces one visible ridge.

I-Cord Bind-Off

Cast two new stitches onto the right-hand needle, then slide those two stitches back over to the left-hand needle so the working yarn sits two stitches in from the needle tip. * Knit 1, then knit the next two stitches together through the back loop (twisted), and slide the two just-worked

stitches back onto the left-hand needle. * Repeat from * to * until two stitches remain on the row.

I-Cord Edge Stitches (2 stitches)

Start of row: Slip the first stitch purlwise with yarn held in front, then knit the next stitch.

End of row: Work to the last two stitches, slip the next stitch purlwise with yarn in front, then knit the final stitch.

Use this treatment at both ends of every row, right side and wrong side alike.

Construction

Overview

This piece starts at the hood, worked flat on a circular needle from the center front backward. Stitches are then picked up along each side so the hood can grow downward toward the shoulders. Once the hood is finished, its stitches rest on holders while an edge is worked around the face opening and closed off with an I-cord bind-off. New stitches are then cast on at center back for the scarf, and joined to the hood stitches two at a time as you go: complete one scarf section flat from start to finish, then mirror the process for the second section. A seam at center back joins the two halves.

Hood

With a 5 mm circular needle and one strand of Yarn A plus one strand of Yarn B held together, cast on 22–28 stitches. This cast-on edge will sit at the center front of the hood. Work flat as follows:

Row 1 (RS): edge stitch (see Garter Stitch), then pearl rib (k2, edge stitch) to the end of the row.

Row 2 (WS): edge stitch, then pearl rib (p2, edge stitch) to the end of the row.

Repeat Rows 1–2 until the piece measures 19–19 cm, ending after a wrong-side row. Break the yarn and slip the stitches onto a spare needle — this section becomes the top/front of the hood.

Next, pick up stitches along both edges, just inside the edge stitch: from the right side, start at the cast-on corner and pick up 36–36 stitches along the first side, work across the held 22–28 stitches in pearl rib (this becomes the back of the hood), then pick up 36–36 stitches along the second side = 94–100 stitches total. From here, measure the rest of the hood from this pick-up row.

Row 1 (WS): edge stitch, pearl rib (p2, edge stitch) to the end.

Row 2 (RS): edge stitch, pearl rib (k2, edge stitch) to the end.

Repeat Rows 1–2 until the hood measures 20–21 cm from the pick-up row, then break the yarn — the hood is now complete.

Move the first 47–50 stitches onto a holder, and the remaining 47–50 stitches onto a second holder (the split falls at center back). These two groups will become the two scarf ends.

I-Cord Edge Around the Hood Opening

Starting at the lower right of the hood (as worn), pick up 34–36 stitches inside the edge stitch up to the pick-up row, 20–24 stitches across the center-front cast-on edge, and 34–36 stitches down the left side = 88–96 stitches total around the face opening. Break the yarn.

Beginning again at the lower right, work the I-cord bind-off (see Pattern Notes) all the way around the opening, then break the yarn.

Slip the 2 leftover I-cord stitches onto the holder together with the 47–50 stitches on the hood's left side, giving 49–52 stitches for the left scarf end. On the opposite side, pick up the 2 stitches left over from the I-cord's starting cast-on and add them to the holder with the 47–50 stitches on the hood's right side, giving 49–52 stitches for the right scarf end.

Right Scarf End

This section is cast on on its own, then joined to the hood two stitches at a time as you knit. Begin at the center-back division and work alongside the right side of the hood as follows.

With one strand of each yarn held together (2 strands), cast on 30–30 stitches. This edge will later be seamed to the left scarf end at center back.

Row 1 (RS): work 2 I-cord edge stitches, k1, pearl rib (edge stitch, k2) until 3 stitches remain, edge stitch, k1, slip the last stitch knitwise, k2tog using the next 2 stitches from the hood holder, then pass the slipped stitch over = 30–30 sts.

Row 2 (WS): pearl rib (p2, edge stitch) until 3 stitches remain, p1, 2 I-cord edge stitches.

Repeat Rows 1–2 until 46–50 stitches have been taken from the hood holder (46–50 rows total). 3–2 stitches remain on the holder, including the 2 from the I-cord edge.

From the right side: 2 I-cord edge stitches, k1, edge stitch, pearl rib (k2, edge stitch) to the end, k1–2 stitches from the holder, then k2tog the remaining stitches 1–0 time = 32–32 sts.

From the wrong side: 2 I-cord edge stitches, p2tog, edge stitch, pearl rib (p2, edge stitch) until 3 stitches remain, p1, 2 I-cord edge stitches = 31–31 sts.

Work 8 rows in pattern (2 I-cord edge stitches plus 1 stockinette stitch at each side, pearl rib between). On the next right-side row, shape as follows: work to the last 4 stitches, k2tog, 2 I-cord edge stitches.

Repeat this decrease every 8th row (about every 3 cm) until 7–7 stitches remain. Bind off, knitting the first and last 2 stitches of the row together as you go. This scarf end should measure roughly 96–98 cm from its center-back cast-on edge.

Left Scarf End

Worked the same way as the right scarf end, but mirrored: you'll join along the left side of the hood, knitting 2 stitches together from the hood with the first stitch on the row, as follows.

Cast on 30–30 stitches with one strand of each yarn held together.

Row 1 (WS): work 2 I-cord edge stitches, p1, edge stitch, pearl rib (p2, edge stitch) until 2 stitches remain, p2.

Row 2 (RS): move 2 stitches from the holder onto the left-hand needle, k3tog (the 2 holder stitches plus 1 scarf stitch), k1, pearl rib (edge stitch, k2) until 4 stitches remain, edge stitch, k1, 2 I-cord edge stitches = 30–30 sts.

Repeat Rows 1–2 until 46–50 stitches have been taken from the hood holder (46–50 rows total). 3–2 stitches remain on the holder, including the 2 from the I-cord bind-off.

From the wrong side: 2 I-cord edge stitches, p1, edge stitch, pearl rib (p2, edge stitch) to the end, p1–2 stitches from the holder, then p2tog the remaining stitches 1–0 time = 32–32 sts.

From the right side: 2 I-cord edge stitches, slip 1 knitwise, k1, pass the slipped stitch over, edge stitch, pearl rib (k2, edge stitch) until 3 stitches remain, k1, 2 I-cord edge stitches = 31–31 sts.

Work 7 rows in pattern (2 I-cord edge stitches plus 1 stockinette stitch at each side, pearl rib between). On the next right-side row, shape as follows: 2 I-cord edge stitches, slip 1 knitwise, k1, pass the slipped stitch over, work to the end of the row.

Repeat this decrease every 8th row (about every 3 cm) until 7–7 stitches remain. Bind off, knitting the first and last 2 stitches together as you go. This scarf end should also measure roughly 96–98 cm from its center-back cast-on edge.

Extra-Long Version (For Wrapping Multiple Times)

Want to coil this around your neck two or three times instead of letting it hang loose? Lengthen both scarf ends equally before you start the decrease shaping, and the rest of the pattern stays the same.

Where to add the extra length: right after each scarf end reaches its 31–31-stitch stage (the point where you’ve just finished the 8 rows of pattern with 2 I-cord edge stitches and 1 stockinette stitch at each side), but before the every-8th-row decreases begin. Add the identical number of extra rows to both the Right Scarf End and the Left Scarf End so the finished piece hangs evenly.

How much to add: work from your own gauge swatch, but the table below is a solid starting point based on the pattern gauge of 29 rows per 10 cm.

Style	Extra length per end	Extra rows per end	Approx. finished length
As written	—	—	~192–194 cm
Comfortable double wrap	+45 cm	~130 rows (65 RS/WS pairs)	~282–284 cm
Extra-long (each end ≥150 cm)	+55 cm	~160 rows (80 RS/WS pairs)	~302–306 cm
Loose double/triple wrap	+65 cm	~188 rows (94 RS/WS pairs)	~322–324 cm

Always add rows in even pairs (one right-side row plus one wrong-side row) so the pearl rib stays aligned across both halves.

Extra-long option: adding 55 cm to each end brings the smaller size (S/M) to about 151 cm and the larger size (L/XL) to about 153 cm — both comfortably past the 1.5 m mark per end, with a little room to spare in case your gauge runs slightly tight.

Yarn: extending both ends will take noticeably more yarn. As a buffer, plan on roughly 25–30% more of each yarn for the double-wrap version, 50–55% more for the extra-long (1.5 m+) version, and 45–55% more for the loose triple-wrap version — or simply pick up one extra ball of each before you start. Weigh what's left after finishing the hood so you know exactly how much you have for the two scarf ends.

Assembly

Graft the cast-on edges of the two scarf ends together at center back to finish the piece.